

Hire the Hub Daily & Hourly Rates Available

The Hub is a 120sq metre multi purpose facility with TeraFlex sports flooring. Video analysis equipment can be hired for an hourly or daily charge. With a triple aspect and adjustable lighting, The Hub is a great place for exercise classes, martial arts and dance groups. The Hub can also be set up to meet individual requirements whether it's a presentation or board meeting, with air conditioning and an interactive white board.



It's time to try a Club

A wide variety of clubs are based at Sir David English Sports Centre, please contact the club contact direct for full details.

Activity Club	Contact Name	Contact	Day/Time	Age /Group
Badminton	Helen Troke	Helen Troke 07904 993208	Various sessions	Juniors
Basketball	Bournemouth Basketball	Eric Bosence 01202 744733	Various sessions	Adults
Dancing	Belly Dancing	Nelida Evans 07837 176043	Monday 7.00-7.55pm	Adults Women Only
Dancing	Kickbox Dancing	Nelida Evans 07837 176043	Thursday 7.00-8.00pm	Adults Women Only
Dancing	All Elements	Angela Reece 07708 154165	Wed & Thur 9.00-10.00pm	Adults
Football	AFC Bournemouth	Steve Cuss 01202 726342	Various sessions	Juniors
Football	Arsenal Soccer School	Steve Manning 07530 639414	Thur 5.00-6.00pm & Sat 10.00-11am	Juniors
Football	Champion Soccer	League Secretary 0113 2535800	Tuesday, 7.00-10.00pm	Adults
Football	Planetsport	James Wilson 07875 235080	Thursday 5.00-6.00pm	Juniors
Football	Soccer Solutions	Bob Kitley 07970 983318	Monday & Thursday	Adult
Football	Soccer Sixes	Tim Stafford 0845 300 8886	Wednesday	Adult
Football	Southampton FC	Christopher Welman 07976 772861	Tuesday 5.00-6.30pm	Junior
Football	Xcel Football Academy	Kieran Scott 07807 371687	Friday 6-9pm	Juniors
Martial Art	Bournemouth Karate Academy	Ernie Molyneux 07909 956940	Various sessions	Senior/Adult/ Junior
Martial Art	MA Network Taekwondo	Luke Lashmar 07985 317289	Friday 3.45-5pm & 6-7pm	Juniors
Martial Art	Nokemono Judokwai	Pete Anderson 07773 218529	Various sessions	Adults/ Juniors
Martial Art	Phoenix Karate	Lorraine Box 07796 952570	Various sessions	Adults/ Juniors
Martial Art	Shaolin Kung Fu	Graham Everingham 01202 428825	Various sessions	Adults/ Juniors
Netball	Back to Netball	Jackie Berry 01202 422090	Monday, 7.00-9.00pm	Adults
Netball	Bournemouth Junior Netball	Jackie Berry 01202 422090	Monday 4.30-7.00pm	Juniors
Netball	East Dorset Netball	Jean Lockyear 01202 269161	Various sessions	Adults/ Juniors
Pilates	Pilates	Debbie Whittle 01202 301773	Monday, 8.00-9.00pm	Adults
Tennis	St Sebastian Tennis Academy	Krzysztof Koziol 07786 722744	Sessions on demand	Adults/ Juniors
Volleyball	Parrs Volleyball	Roland Mogg 07745 942077	Various sessions	Adults
Volleyball	Sandbanks Volleyball	Alun Knowles alun.knowles@yahoo.co.uk	Sunday, 7.00-9.00pm	Adults
Volleyball	Spike Monkeys	www.spikemonkeys.com	Various sessions	Adults
Volleyball	Wessex Volleyball	Geoff Allen 01202 740021	Various sessions	Adults/Juniors
Volleyball	Sigma Volleyball	Lindsay White 07887 782005	Wednesday 8.30-10.00pm	Adults