

Pre-School Swimming Lessons



The following courses are for pre school aged children and run with parent/ carer in the water
(TP) = Teaching Pool

Adult & Baby (TP) aged 4 - 12 months

Introduction to swimming with parent/carer in the water

Adult & Toddler (TP) aged 1 - 2 years

Structured lessons to increase water confidence through play and songs

Adult & Child (TP) aged 2 - 4 years

Structured lessons to develop independent swimming skills through play, songs and movement

'Pay as you go' Sessions

Times for classes shown in Orange boxes in the Timetables on page 15

Adult & Baby (4-12 months)

Thursday 10.00-10.30am

Thursday 11.00-11.30am

Adult & Under (4½ years)

Tuesday 2.30-3.15pm

Thursday 9.15-10.00am

TUESDAY

13:30-14:00 Adult & Child Sharon Mayall

WEDNESDAY

10:00-10:30 Adult & Child Sharon Mayall

10:30-11:00 Adult & Toddler Sharon Mayall

11:00-11:30 Adult & Baby Sharon Mayall

THURSDAY

14:00-14:30 Adult & Toddler Jeanette Francis

FRIDAY

9:00-9:30 Adult & Baby Jeanette Francis

9:30-10:00 Adult & Child Jeanette Francis

10:00-10:30 Adult & Child Sharon Mayall

10:00-10:30 Adult & Toddler Jeanette Francis

10:30-11:00 Adult & Baby Jeanette Francis

The following courses are for pre school children aged 3-4½ years and run without a parent or carer (TP) = Teaching Pool

Pre School 1 (TP) For non swimmer children aged 3 - 4½

Pre School 2 (TP) For children who are water confident, can jump in, submerge and swim on their fronts and backs with reduced aids (2 discs)

Pre School 3 (TP) For children who are water confident, can jump in, submerge and swim 5 metres on their fronts and backs without teaching aids.

TUESDAY

13:00-13:30 Pre School 1 Sharon Mayall

13:00-13:30 Pre School 2 TBA

13:30-14:00 Pre School 2 TBA

14:00-14:30 Pre School 1 TBA

14:00-14:30 Pre School 3 Sharon Mayall

WEDNESDAY

9:30-10:00 Pre School 1 Sharon Mayall

9:30-10:00 Pre School 2 Dom Aitchison

10:00-10:30 Pre School 1 Dom Aitchison

10:30-11:00 Pre School 1 Dom Aitchison

11:00-11:30 Pre School 2 Dom Aitchison

FRIDAY

9:00-9:30 Pre School 1 Sharon Mayall

9:30-10:00 Pre School 2 Sharon Mayall

10:30-11:00 Pre School 1 Sharon Mayall

11:00-11:30 Pre School 2 Sharon Mayall

SATURDAY

8:00-8:30 Pre School 1 TBA

8:30-9:00 Pre School 2 Rachael Barry

SUNDAY

8:00-8:30 Pre School 1 Rachael Barry



THURSDAY

10:30-11:00 Pre School 1 Zena Pastechia

13:00-13:30 Pre School 1 Jeanette Francis

13:30-14:00 Pre School 2 Jeanette Francis

