

School Holiday Activities

Tuesday 6th - Friday 16th April (Easter Holiday)
Tuesday 1st - Friday 4th June (Half Term)

"I didn't realise there's so much to do!"



Please book early to avoid disappointment

Holiday Club £5.70
5 to 14 yrs

Sessions include a mixture of Bouncy Castle, trampolining, parachute games, sports and team activities. Children are split into age groups on the day. Activities run inside and out. Please wear appropriate clothing and footwear.
9.15am - 12 noon

Tuesday 6th & 13th April, 1st June
Thursday 8th & 15th April, 3rd June

Trampolining £10.00
2 day courses

(Parent / Guardian of 3-5 year olds must stay within the activity area.) No jeans and jewellery plus socks must be worn.

Thursday 8th & Friday 9th April
Monday 12th & Tuesday 13th April
Thursday 3rd & Friday 4th June

3 - 5 yrs 2.00pm - 2.55pm
3 - 15yrs 3.00pm - 3.55pm
6 + 4.00pm - 4.55pm

Archery £7.00
8 to 14 yrs

Exciting taster session, introducing the skills of Archery, using rubber tipped arrows and targets. Taken by a qualified archery coach, in the main hall.

Tuesday 6th & 13th April, 1st June

Zone & Swim £5.20
8-13 years

Enjoy a work out in the Zone Gym followed by a swim and waterslides. Please check opening times



Football Focus Soccer for everyone aged 3-14 years

Soccer Starters £4.00
3 to 4 yrs

A fun footy session for young dribblers and strikers. Inside the sports hall.
Thursday 8th & 15th April, 3rd June 1.00pm - 1.55pm
Saturday 10th & 17th April, 5th June 8.00am - 8.55am

Martin Sheppards £10 per day
Football Academy
Tournament Day (7 to 14yrs)

All days 10.00am - 3.00pm
Tuesday 1st June
Thursday 8th April, 3rd June

Outdoors on the artificial pitches. Winning teams receive medals, trophy for player of the tournament (pre book or pay on the day, fee payable to Martin Sheppard 07745 835 702, not Littledown Centre) sheppardcoaching@hotmail.com

AFC Bournemouth £10 per day
Community Sports
Trust Soccer Schools

7 to 14 yrs
The days consist of coaching sessions on passing, control, dribbling and shooting with fun games, penalty competitions and matches.
All days 10.00am - 3.00pm, outdoors on the artificial pitches
7th, 9th, 12th, 13th, 16th April
2nd & 4th June
To book please contact Steve Cuss on (01202) 726342, 07973 893594 or email: steve.cuss@afcb.co.uk



Keep up with all the latest info visit www.littledowncentre.co.uk

Swimming Lessons Easter Holidays

4 day intensive swimming courses - 30 minutes each lesson (total time 2hrs) £18.20
(TP = Teaching Pool, MP = Main Pool, SP = Splash Pool)

Tuesday 6th to Friday 9th April

8.30 - 9.00am Stage 2 (TP) Fran Harber	9.30 - 10.00am Stage 2 (TP) Sally Jarvis-Neill
8.30 - 9.00am Pre school 1 (TP) Sally Jarvis-Neill	9.30 - 10.00am Stage 3 (TP) Fran Harber
9.00 - 9.30am Stage 3 (TP) Fran Harber	9.30 - 10.00am Improve your breaststroke (MP) Mark White
9.00 - 9.30am Stage 2 (TP) Sally Jarvis-Neill	10.00 - 10.30am Stage 4 (MP) Fran Harber
9.00 - 9.30am Stage 5 (MP) Mark White	10.00 - 10.30am Snorkelling Basics (MP) Mark White

Monday 12th to Thursday 15th April

8.30 - 9.00am Stage 3 (TP) Maggie Greco	9.30 - 10.00am Stage 2 (TP) Maggie Greco
8.30 - 9.00am Pre school 2 (TP) Fran Harber	9.30 - 10.00am Stage 3 (TP) Fran Harber
9.00 - 9.30am Stage 2 (TP) Maggie Greco	9.30 - 10.00am Stage 6 (MP) Mark White
9.00 - 9.30am Stage 3 (TP) Fran Harber	10.00 - 10.30am Stage 4 (MP) Fran Harber
9.00 - 9.30am Stage 5 (MP) Mark White	10.00 - 10.30am Diving basics (MP) Mark White

Swimming one day 'pay as you go'

First Splash Adult & Baby (SP) (12 months & under) £4.00
Thursday 8th April 10.00 - 10.30am Sally Jarvis-Neill Thursday 15th April 10.00 - 10.30am Maggie Greco

Distance Awards Cost £4.55
Thursday 15th April 10.30-11.30am (MP) Mark White



Swimming Course Descriptions

For descriptions of First Splash Adult & Baby, Pre-School 1 & Pre-School 2 courses please refer to page 4

For descriptions of Stages 2, 3, 4, 5 & 6 please refer to page 6.

Basic Diving (MP) - Learn the basic steps to improve your diving skills - Stage 5 and above standard.

Basic Snorkelling (MP) - Learn the basics of snorkelling, improve or refresh your skills. We supply all the equipment or bring your own. Stage 5 and above standard.

Improve your Breaststroke (MP) - Stroke skills and drills to help you master the basics of this stroke. Stage 5 and above standard.

Rookie Lifeguards (MP) - Improve your swimming and learn the basics of live saving and water safety skills on this fun course. Stage 6 and above standard.

Swimming Lessons May Half Term

3 day intensive swimming courses - 30 minutes each lesson (total time 1 1/2hrs) £13.65
(TP = Teaching Pool, MP = Main Pool, SP = Splash Pool)

Tuesday 1st to Thursday 3rd June

8.30 - 9.00am Pre school 1 (TP) Mark White	9.30 - 10.00am Stage 6 (MP) Bobby Storrie
9.00 - 9.30am Stage 5 (MP) Bobby Storrie	10.00 - 10.30am Stage 4 (MP) Mark White
9.00 - 9.30am Stage 2 (TP) Mark White	10.00 - 10.30am Rookie Lifeguards (MP) Bobby Storrie
9.30 - 10.00am Stage 3 (TP) Mark White	

First Splash Adult & Baby (SP) (12 months & under) £4.00
Thursday 3rd June 10.00 - 10.30am

Under 5's Pay n' Play activities

Easter Holiday Timetable

Wednesday 7th & 14th April
Mini-Gym © 15 months - School Age 10.00 - 10.45am
Mini-Gym © 15 months - School Age 10.45 - 11.30am

Thursday 8th & 15th April
Soccer Starters 3yrs - School Age 1.00 - 1.55pm

Friday 9th & 16th April
Kidagility © 15 mths - School Age 9.30 - 10.15am
10.25 - 11.10am
11.15 - 12 noon

Saturday 10th & 17th April
Soccer Starters 3yrs - School Age 8.00 - 8.55am

Half Term Holiday Timetable

Wednesday 2nd June
Mini-Gym © 15 months - School Age 10.00 - 10.45am
Mini-Gym © 15 months - School Age 10.45 - 11.30am

Thursday 3rd June
Soccer Starters 3yrs - School Age 1.00 - 1.55pm

Friday 4th June
Kidagility © 15 mths - School Age 9.30 - 10.15am
10.25 - 11.10am
11.15 - 12 noon

Saturday 5th June
Soccer Starters 3yrs - School Age 8.00 - 8.55am

£4.00
per child

Mini-Gym
Structured introduction to gymnastics.

Soccer Starters
Learn the basic football skills.

Kidagility
Elementary gymnastics instruction, soft play and inflatable bouncer.

Child must be accompanied by an adult

Crèche

Monday - Friday
9.00am - 12.30pm (Closed Bank Holidays)
Age Range - Pre 5's.
Separate nursery area for under 1's
Pre-booking is recommended.
Members £5.00 (per morning)
Non Members £5.90 (per morning)



Great Fun!